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**Chapter 9 Understanding Our Soul**

**Bible Class Handout Week 3**

Today’s Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ My Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Section 6 – What Are Strongholds? (19:46)**

1. According to 2 Cor. 10:3–5, strongholds occur in the three conscience functions of our mind:
   1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. Strongholds are formed in our mind when we accept a \_\_\_\_\_\_\_\_\_\_\_\_ as truth.
3. Since our mind is not yet totally redeemed, there are three beings who have access to our mind:
   1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
   3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. The devil suggests wrong or \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ conclusions with our knowledge and event files.
5. A stronghold is a legal “\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_” for the devil to attack us through in the future.
6. Your flesh is the enemy of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
7. Every thought and imagination must be examined in light of the \_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

1. The scripture that tells us what to do if we suspect we have believed lies from the

devil is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. When you have believed a lie, you are actually \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ yourself.
2. If you have believed a lie, then you must do two things:
   1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to the acknowledging of the \_\_\_\_\_\_\_\_\_\_\_\_\_\_
   2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ out of the snare of the devil
3. And ye shall know the truth, and the truth shall \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ you free. John 8:32 KJV
4. True enduring deliverance only comes when a person \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

them self by renouncing the \_\_\_\_\_\_\_\_\_\_ they have believed and acknowledging

the \_\_\_\_\_\_\_\_\_\_\_\_\_.

**Section 7 – Three Categories of Pleasurable Emotions (10:32)**

1. In Galatians 5:22–23 we find the list of the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of the Spirit.
2. The first three – love, joy, peace – apply to our \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
3. The second three – longsuffering, kindness, goodness – apply to our

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. The third three – faithfulness, gentleness, self-control – apply to our

\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

1. If we want others to know love, the two most important things we can do for them

is walk in \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ toward them—which is long suffering—and

remain \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

1. If our heart motivation is for someone to know the joy of the Lord, we treat him or

her with \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

1. If we want someone to have peace, we do \_\_\_\_\_\_\_\_\_\_\_\_\_\_ for them, and not let

them see any \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in us (which is self-control.

1. Every pleasurable human emotion will fit into one of these three categories:

|  |  |  |
| --- | --- | --- |
|  |  |  |

**Section 8 – The Three Categories of Warning Emotions (7:20)**

1. There are two types of human emotions. We call them “emotions of

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,” and “emotions of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.”

1. Emotions are neutral \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of the state of our being.
2. Although the emotions themselves are not positive or negative, their

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ on our life are.

1. The warning emotion categories are the exact opposites of the three categories of pleasure.

|  |  |  |
| --- | --- | --- |
| love | joy | peace |
|  |  |  |

**Discussion Questions**

1. The leader should read this scripture, then each person takes turns expressing Why is it important to repent when we have believed a lie?

*And the servant of the Lord must not strive; but be gentle unto all men, apt to teach, patient, in meekness instructing those that oppose themselves; if God peradventure will give them repentance to the acknowledging of the truth; and that they may recover themselves out of the snare of the devil, who are taken captive by him at his will. 2 Timothy 2:24–26 KJV*

1. Why is it important to acknowledge the truth regarding the lie we believed?
2. Why is it important for the person who has believed a lie to take these two active steps toward their own deliverance? What are the two steps?
3. The leader should read this scripture, then each person takes turns expressing Why is forgiveness the same thing as long suffering?

*But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law. Galatians 5:22–23 NKJV*

1. Why are there no laws against the fruit of the Spirit?
2. Give an example of someone’s actions or words toward you reflecting one of these fruit of the Spirit.